

Interview Protocol

Phase 1: Menstrual Tracking

1. How would you describe your experience throughout the menstrual cycle?
 - a. What are the “gain” points?
 - b. What are the “pain” points?
2. How would you describe your experience with menstrual tracking (technologies)?
3. Why did you start using the Clue app? Why do you continue using the Clue app?
4. How do you use the Clue app?

Phase 2: Data Exploration and Contextualization

Introduce visualization with an overview of donated data. Explain the structure of the visualization (Fig. 1) and invite the donor to interpret and annotate the visualization.



Figure 1. The structure of the visualization of the donated data over time

Ask prompt questions if necessary:

1. What do you recognize when seeing your data in this way?
2. Can you see any patterns?
3. Can you see any outliers, for instance, something that doesn't feel right or a sudden change?
4. Do you remember what was happening in [date]?
5. Could you explain this [point]?

Phase 3: Envisioning the Future of Menstrual Tracking

1. How would you describe the **perfect** menstrual tracking technology for your needs?
2. What are your three main requirements for a **perfect** menstrual tracking technology?
 - a. How do you imagine they work?
 - b. What (types of) data should you track to make these work?
3. How would you like to use this technology?

Phase 4: Overview of Data Donation Experience

1. What motivated you to participate in this study?
2. What factors did you consider when deciding whether to participate? Did you have doubts or concerns?
3. Can you walk me through your data donation experience? What kind of feelings did you experience?