**Chapter 2**

**Supplemental Data 2: Scheme of dose ranges**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Type of CS | Administration form | Low dose | Medium dose | High dose | Reference |
| Clobetasol | topical (weight of cream) | <5g | 5-10g | >10g | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/c/clobetasol.asp> |
| Beclometha-sone | nasal | <200mcg | 200-400mcg | >400mcg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/b/beclometason%20(bij%20allergische%20rinitis).asp> |
|  | inhalation | <800mcg | 800-1600mcg | >1600mcg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/b/beclometason%20(bij%20astma).asp> |
| Budesonide | oral | <6mg | 6-9mg | >9mg | <http://www.drugs.com/dosage/budesonide.html> |
|  | inhalation | <200mcg | 200-1600mcg | >1600mcg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/b/budesonide%20(bij%20astma).asp> |
| Prednisolone | oral | <10mg | 10-20mg | >20mg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/p/prednisolon%20(systemisch).asp> |
| Betametasone | topical (weight of cream) | <5g | 5-10g | >10g | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/b/betamethasondipropionaat.asp> |
|  | intra-articular | <2mg | 2-4mg | >4mg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/b/betamethason%20(systemisch).asp> |
|  | nasal | <100mcg | 100-200mcg | >200mcg | <http://www.old.health.gov.il/units/pharmacy/trufot/alonim/4081.pdf> |
| Prednisone | oral | <10mg | 10-20mg | >20mg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/p/prednison.asp> |
| Mometasone | inhalation | <220mcg | 220-440mcg | >440mcg | <http://www.drugs.com/dosage/mometasone.html> |
|  | nasal | <200mcg | 200mcg | >200mcg | http://www.drugs.com/monograph/mometasone-furoate-eent.html |
| Dexametasone | topical (eyedrops) | <4 drops | 4-6 drops | >6 drops | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/d/dexamethason%20(bij%20oogaandoeningen).asp> |
|  | oral | <1mg | 1-8mg | >8mg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/d/dexamethason%20(systemisch).asp> |
| Fluticasone | nasal | <100mcg | 100-400mcg | >400mcg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/f/fluticason%20(bij%20allergische%20rinitis).asp> |
|  | inhalation | <200mcg | 200-1000mcg | >1000mcg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/f/fluticason%20(bij%20astma).asp> |
| Triamcinolone | oral | >8mg | 8-16mg | >16mg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/t/triamcinolon%20(systemisch).asp> |
|  | nasal | <110mcg | 110-220mcg | >220mcg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/t/triamcinolon%20(bij%20neusaandoeningen).asp> |
|  | inhalation | <600mcg | 600-1200 | >1200mcg | <http://www.drugs.com/dosage/triamcinolone.html> |
| Methylpredni-solone | intra-articular | <4mg | 4-80mg | >80mg | <http://www.farmacotherapeutischkompas.nl/preparaatteksten/m/methylprednisolon.asp> |
| Flunisolide | inhalation | <320mcg | 320-640mcg | >640mcg | <http://www.drugs.com/monograph/flunisolide.html> |