

# Participant characteristics final experiment

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This file reproduces Table 4.1 “Participant characteristics for the two groups (General and Personalized) and both groups together (Total)”.

```
demographics <- read.csv(file = 'pre_C.csv', sep=";", dec=",")

library(dplyr)

##
## Attaching package: 'dplyr'
## The following objects are masked from 'package:stats':
##
##   filter, lag
## The following objects are masked from 'package:base':
##
##   intersect, setdiff, setequal, union

library(gtsummary)

## #BlackLivesMatter

demographics_summary <- demographics %>% dplyr::select(
  age,
  exercise_se,
  godin_activity,
  gender,
  smoke,
  weekly_exercise,
  ttm_pa,
  group
)

demographics_general <- demographics_summary %>% filter(group == "general")
demographics_personalized <- demographics_summary %>% filter(group == "personalized")

# Demographics for both groups combined (Total)
tbl_summary(demographics_summary,
  label = list(age ~ 'Age',
    exercise_se ~ 'Running or walking self-efficacy',
    godin_activity ~ 'Godin Leisure-Time physical activity score',
    gender ~ 'Gender',
    smoke ~ 'Smoking status',
    weekly_exercise ~ 'Weekly Exercise Amount(In Minutes)',
    ttm_pa ~ 'Physical Activity Stage(TTM)'),
```

```

    statistic = list(age ~ "{mean} ({sd}), Range: {min}-{max}")) %>%
modify_header(label = "**Variable**") %>% # update the column header
bold_labels()

```

## Table printed with 'knitr::kable()', not {gt}. Learn why at  
## <http://www.danielsjoberg.com/gtsummary/articles/rmarkdown.html>  
## To suppress this message, include 'message = FALSE' in code chunk header.

| Variable                                   | N = 39                |
|--------------------------------------------|-----------------------|
| Age                                        | 42 (16), Range: 19-72 |
| Running or walking self-efficacy           | 84 (55, 100)          |
| Godin Leisure-Time physical activity score | 29 (9, 45)            |
| Gender                                     |                       |
| 1                                          | 20 (51%)              |
| 2                                          | 19 (49%)              |
| Smoking status                             |                       |
| 1                                          | 17 (44%)              |
| 2                                          | 22 (56%)              |
| Weekly Exercise Amount(In Minutes)         |                       |
| 1                                          | 14 (36%)              |
| 2                                          | 12 (31%)              |
| 3                                          | 13 (33%)              |
| Physical Activity Stage(TTM)               |                       |
| 1                                          | 11 (28%)              |
| 2                                          | 5 (13%)               |
| 3                                          | 9 (23%)               |
| 4                                          | 11 (28%)              |
| 5                                          | 3 (7.7%)              |
| group                                      |                       |
| general                                    | 20 (51%)              |
| personalized                               | 19 (49%)              |

```

# Demographics for the general group (General)
tbl_summary(demographics_general,
  label = list(age ~ 'Age',
    exercise_se ~ 'Running or walking self-efficacy',
    godin_activity ~ 'Godin Leisure-Time physical activity score',
    gender ~ 'Gender',
    smoke ~ 'Smoking status',
    weekly_exercise ~ 'Weekly Exercise Amount(In Minutes)',
    ttm_pa ~ 'Physical Activity Stage(TTM)'),
  statistic = list(age ~ "{mean} ({sd}), Range: {min}-{max}")) %>%
modify_header(label = "**Variable**") %>% # update the column header
bold_labels()

```

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| Variable                         | N = 20                |
|----------------------------------|-----------------------|
| Age                              | 44 (18), Range: 19-72 |
| Running or walking self-efficacy | 86 (46, 100)          |

| Variable                                   | N = 20     |
|--------------------------------------------|------------|
| Godin Leisure-Time physical activity score | 28 (8, 52) |
| Gender                                     |            |
| 1                                          | 10 (50%)   |
| 2                                          | 10 (50%)   |
| Smoking status                             |            |
| 1                                          | 11 (55%)   |
| 2                                          | 9 (45%)    |
| Weekly Exercise Amount(In Minutes)         |            |
| 1                                          | 8 (40%)    |
| 2                                          | 6 (30%)    |
| 3                                          | 6 (30%)    |
| Physical Activity Stage(TTM)               |            |
| 1                                          | 6 (30%)    |
| 2                                          | 2 (10%)    |
| 3                                          | 6 (30%)    |
| 4                                          | 3 (15%)    |
| 5                                          | 3 (15%)    |
| group                                      |            |
| general                                    | 20 (100%)  |

```
# Demographics for the personalized group (Personalized)
tbl_summary(demographics_personalized,
  label = list(age ~ 'Age',
    exercise_se ~ 'Running or walking self-efficacy',
    godin_activity ~ 'Godin Leisure-Time physical activity score',
    gender ~ 'Gender',
    smoke ~ 'Smoking status',
    weekly_exercise ~ 'Weekly Exercise Amount(In Minutes)',
    ttm_pa ~ 'Physical Activity Stage(TTM)'),
  statistic = list(age ~ "{mean} ({sd}), Range: {min}-{max}")) %>%
  modify_header(label = "**Variable**") %>% # update the column header
  bold_labels()
```

```
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## To suppress this message, include 'message = FALSE' in code chunk header.
```

| Variable                                   | N = 19                |
|--------------------------------------------|-----------------------|
| Age                                        | 39 (15), Range: 22-66 |
| Running or walking self-efficacy           | 76 (60, 98)           |
| Godin Leisure-Time physical activity score | 29 (10, 44)           |
| Gender                                     |                       |
| 1                                          | 10 (53%)              |
| 2                                          | 9 (47%)               |
| Smoking status                             |                       |
| 1                                          | 6 (32%)               |
| 2                                          | 13 (68%)              |
| Weekly Exercise Amount(In Minutes)         |                       |
| 1                                          | 6 (32%)               |
| 2                                          | 6 (32%)               |
| 3                                          | 7 (37%)               |

| Variable                            | N = 19    |
|-------------------------------------|-----------|
| <b>Physical Activity Stage(TTM)</b> |           |
| 1                                   | 5 (26%)   |
| 2                                   | 3 (16%)   |
| 3                                   | 3 (16%)   |
| 4                                   | 8 (42%)   |
| <b>group</b>                        |           |
| personalized                        | 19 (100%) |