|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Questionnaire** | | | | | **Focus Groups** | |
| P | **Beliefs** | **Conciousness** | **Motivation** | **Control** | **P** | **Code** |
| **Concerned** | | | | | | |
| 1 | Absence of complaints, Life under control, Mental, Participation | Complaints | Perceived Barriers | Health complaints impact control | Vo7 | Complaints |
| 2 | Mental | Automatic | Feeling | Lack of internal control | Vo1 | Complaints |
| 3 | Mental, Participation | Complaints | Ability | Health complaints impact control | Vo3 | Incident, perdiodically, staying healthy, future perspective, health complaints impact control |
| 4 | Working on health | Complaints | Future perspective | Health complaints impact control | Vi10 | Perdiodically |
| 5 | Direct Feedback Working on health | Complaints | Direct Feedback | N/A |  |  |
| 6 | Life under control, Mental, Working on Health | Complaints | Perceived Barriers | Own responsibility Chance |  |  |
| 7 | Absence of complaints  Mental | Future Perspective | Family | Own responsibility |  |  |
| 8 | Absence of complaints | Complaints | Security | N/A |  |  |
| 9 | Working on health | Complaints | N/A | N/A |  |  |
| 10 | Feeling, Mental, Working on health | Complaints | Future perspective | Health complaints impact control Own responsibility |  |  |
| 11 | Absence of complaints, Ability | Fatalism | Body benefit | Chance, Fatalism |  |  |
| 12 | Absence of complaints | Complaints | Family | Health complaints impact control |  |  |
| 13 | N/A | Complaints | N/A | Chance |  |  |
| 14 | Absence of complaints | Complaints | Feeling | Motivation is control |  |  |
| 15 | Mental, Working on health | Important | N/A | Own responsibility |  |  |
| 16 | Important | Complaints | Perceived Barriers | Health complaints impact control |  |  |
| **Light-hearted** | | | | | | |
| 17 | Mental Working on health | Important | Health doesn't come for free | Motivation is control Important | Vo7 | Important, Carefree |
| 18 | Important | Future Perspective | Age Medical Requirement | Own responsibility Chance | Vo1 | Carefree |
| 19 | Absence of complaints | Future Fear | Age | Own responsibility Important | Vo8 | Carefree, No complaints |
| 20 | Absence of complaints Mental | Staying Healthy Feeling | Working on health | Own responsibility | Vi10 | No complaints |
| 21 | Mental | Complaints | Enjoyment | Support | Vi11 | Feeling |
| 22 | Important | Ability | Staying healhty | Own responsibility Working on health |  |  |
| 23 | Participation Working on health | Complaints | N/A | Health complaints impact control |  |  |
| 24 | Future Perspective | Complaints | Family | Own responsibility |  |  |
| 25 | Enjoyment | Lack of internal control | Balance | Health complaints impact control Own responsibility |  |  |
| 26 | Mental Working on health | Future Fear | Security | Own responsibility |  |  |
| 27 | Absence of complaints Life under control Mental Working on health | Family Body benefit Important | Family | Own responsibility |  |  |
| 28 | Life under control Mental Working on Health | Life under control | Perceived Barriers | Life under control |  |  |
| 29 | Ability Abscence of complaints Mental Participation | Fatalism Future perspective | N/A | Own responsibility |  |  |
| 30 | Mental Working on health | Important | Future Perspective Staying healthy | Own responsibility |  |  |
| 31 | Working on health Participation | Future Fear | Habit | Chance |  |  |
| 32 | Ability Feeling | Feeling Relaxed | Feeling | Feeling |  |  |
| **Encumbered** | | | | | | |
| 33 | Perceived barriers | Complaints | Future Perspective | Own responsibility | Vo5 | lack of Internal control self-efficacy |
| 34 | Ability | Complaints | Lack of internal control | Own responsibility Chance | Vi10 | lack of Internal control Youth |
| 35 | Absence of complaints Working on health Participation | N/A | Lack of internal control | Health complaints impact control | Vi11 | Perceived barriers |
| 36 | Mental Working on health | Complaints | N/A | Health complaints impact control | Vo7 | Youth No interest |
| 37 | Absence of complaints | Complaints | Medical requirement | Medical requirement | Kp7 | Youth Perceived barriers |
| 38 | Absence of complaints | N/A | Perceived Barriers | Lack of internal control | Vo8 | Not taking responsibility lack of Internal control |
| 39 | Ability | Lack of internal control | Perceived Barriers | Chance | Kp7 | self-efficacy |
| 40 | Working on health | Future fear | N/A | Lack of internal control | Vo3 | Perceived barriers |
| 41 | Absence of complaints | Engagement | Lack of internal control | Lack of internal control |  |  |
| 42 | Important | Complaints | Perceived Barriers | Health complaints impact control |  |  |