



Fleur stops working around 18:00 and walks to her apartment. Her neighbour accepts her 'Hello Fresh' box in case she is not home. She tries to order healthy options as she likes to be in shape. Sometimes she goes for a run before preparing her dinner, and she usually turns the TV on while she cooks.

She does not always have dinner at the same time, as she wants to have a moment to relax before dinner and take her time while cooking. Often, she eats her meal on the couch in front of the TV. Sometimes she finds herself distracted by her smartphone while eating, so she tries hard to put it away to enjoy her food more.

Every now and then, Fleur enjoys devoting herself to the eating moment. She meticulously prepares everything and sets her table as if she was eating in a restaurant. This is a special way to pamper herself during the dining moment.

When Fleur feels a little sad or lonely, she prepares food that reminds her of her loved ones or pleasant moments in her childhood. She loves to bake an apple cake on the weekends and pampers herself a little, even if she breaks her diet.